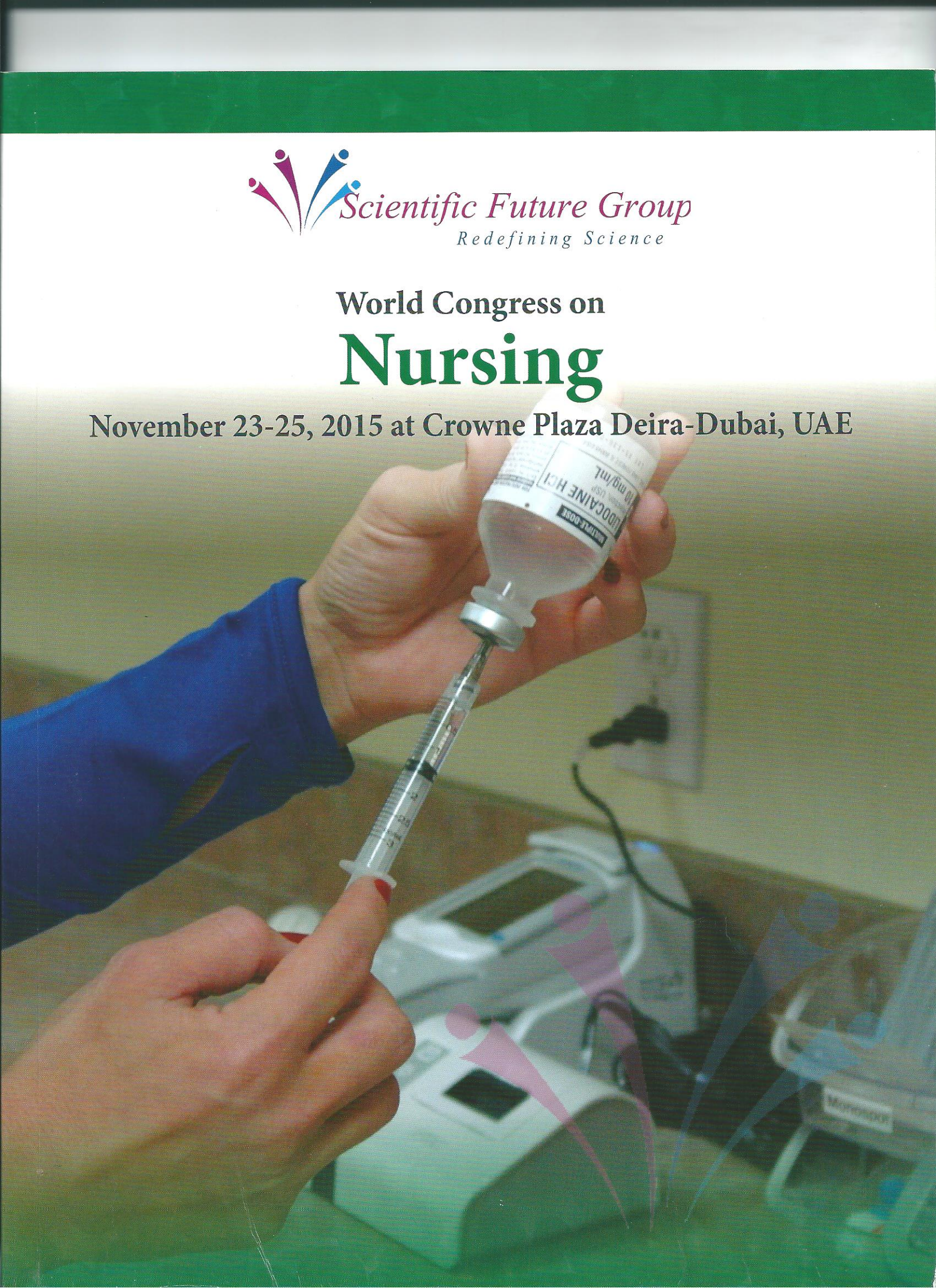
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The relationship between nurses' sociotropy autonomy personality characteristics and trait anger - anger expression styles

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Nurses experience the feeling of anger or come across with people who experience the feeling of anger in their personal and professional lives. Therefore, it is noteworthy to investigate nurses regarding the feeling of anger and its predictors. This cross-sectional study was done to determine the relationship between the nurses' sociotropy autonomy personality characteristics and trait anger - anger expression styles. The mean value of the anger-in subscale was 16.24 point, the anger-out subscale was 15.38 point, and the anger control subscale was 22.86 point. The mean value of the sociotropy level of nurses was 66.71; the mean value of the autonomy level of nurses was 75.41. Also the present research revealed that nurses in investigation had moderate level of sociotropy personality characteristics and that autonomy personality characteristic score average was higher than sociotropy. The trait anger levels of the nurses were found similar to the ones found at other studies which analysed nurses as a sample. Moreover, the anger control was found to be the most adopted anger expression style. It was detected that the higher the sociotropy-autonomy personality characteristics of the nurses in investigation, the higher the trait anger, anger-in, and anger-out scores. Furthermore, it was found that the anger control expression style was only related to the "Concern about Disapproval" in a negative way. It has hitherto emphasized that it is necessary to develop nurses' sociotropy-autonomy personality characteristics and accordingly policies in this direction have been suggested. The present study showed that methods regarding anger control should be studied as well, while developing nurses' sociotropy - autonomy personality characteristics.

Biography:

Nurten Kaya, completed her Ph.D from Istanbul University, Institute of Health Sciences, Nursing Programme. She is graduated from Istanbul University, Florence Nightingale School of Nursing in 1987. She worked at Florence Nightingale Faculty of Nursing, Department of Fundamentals of Nursing between from 1993 to 2013 and she has worked at the Health Sciences Faculty since 2013. Her areas of interest are intramuscular injection, complementary therapy, nursing informatics, nursing thoeries and models, nursing process and nursing care. Author and co-author of articles, books and other publications on fundamentals of nursing and leader of statutory research projects. She is member of Turkish Nurses Society, Nursing Education Society, and Graduetes Florence Nightingale School of Nursing Society.